

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffles And Strawberries	Cereal Milk And Fruit	Hard boiled eggs English Muffins And Fruit	Yogurt And Berries	Toast Cheese Slices And Fruit
Vegetable Lasagna Garden Salad Fruit Cocktail Milk	Chicken Stir Fry Rice Soya Sauce Applesauce Milk	Soup and Sandwiches Mixed Vegetable Peaches Milk	Shepard's Pie Bread Pears Milk	Burgers and Buns Mashed Sweet Potato Sliced Cheese Mandarin Oranges Milk
Graham Crackers And Fruit	Bread Sticks with dip And Fruit	Cream Cheese Wraps And Fruit	Muffins And Fruit	Melba Toast And Fruit

WEEK 1

2% MILK PROVIDED TO PRESCHOOL, KINDERGARDERN AND SCHOOL AGE GROUPS.
HOMOGENIZED MILK AND SOUP PROVIDED FOR INFANTS AND TODDLERS.

Reviewed by a registered dietitian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal Milk And Fruit	Muffins And Fruit	Rice Cakes And Fruit	Overnight Oats And Fruit	Pancakes And Strawberries
Sweet & Sour Meatballs Rice Green Beans Pears Milk	Meat Pies Peas and Carrots Fruit Cocktail Milk	Fish Wraps Coleslaw Mandarin Oranges Milk	Mini Pizza Caesar Salad Peaches Milk	Turkey Sausages Bread Mixed Vegetables Applesauce Milk
Vegetable Sticks And Crackers	Bagels with spreads And Fruit	Crackers And Fruit	Graham Crackers And Fruit	Banana Sandwiches

WEEK 2

2% MILK PROVIDED TO PRESCHOOL, KINDERGARDERN AND SCHOOL AGE GROUPS.
HOMOGENIZED MILK AND SOUP PROVIDED FOR INFANTS AND TODDLERS.

Reviewed by a registered dietitian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Banana bread And Fruit	Toast Cheese Slices And Fruit	Canned Fruit And Cottage Cheese	Cereal And Strawberries	Oatmeal Cookies And Fruit
Chicken Parmesan Spaghetti Garden Salad Fruit Cocktail Milk	Ham Tea Biscuits Mixed Vegetable Mandarin Oranges Milk	Chicken Burgers & Buns Caesar Salad Peaches Milk	Soup & Sandwiches Peas & Carrots Pears Milk	Shepard's Pie Bread Applesauce Milk
Cream Cheese Wraps And Fruit	Rice Cakes And Fruit	Muffins And Fruit	Trail Mix And Fruit	Graham Crackers And Fruit

WEEK 3

2% MILK PROVIDED TO PRESCHOOL, KINDERGARDERN AND SCHOOL AGE GROUPS.
HOMOGENIZED MILK AND SOUP PROVIDED FOR INFANTS AND TODDLERS.

Reviewed by a registered dietitian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rice Cakes And Fruit	English Muffins And Fruit	Yogurt And Berries	Muffins And Fruit	Cereal And Fruit
Spaghetti and Meatballs Mixed Vegetable Applesauce Milk	Fish Sticks Bread Peas & Carrots Fruit Cocktail Milk	Macaroni & Cheese Spinach Salad Pears Milk	Tacos Sour Cream & Salsa Garden Salad Mandarin Oranges Milk	Ham Tea Biscuits Mixed Vegetable Peaches Milk
Crackers And Fruit	Graham Crackers And Fruit	Vegetable Sticks And Crackers	Oatmeal Cookies And Fruit	Bread Sticks And Fruit

WEEK 4

2% MILK PROVIDED TO PRESCHOOL, KINDERGARDERN AND SCHOOL AGE GROUPS.
HOMOGENIZED MILK AND SOUP PROVIDED FOR INFANTS AND TODDLERS.

Reviewed by a registered dietitian

